

ब्रेस्ट कैंसर



ऐसे पहचानें

- ब्रेस्ट में गांठ होना या पानी निकलना
- बगल में सूजन या गांठ होना
- ब्रेस्ट के आकार में बदलाव होना

रिस्क फैक्टर

फैमिली हिस्ट्री, अल्कोहल,
मोटापा, स्मोकिंग



SGT UNIVERSITY
Shree Guru Gobind Singh Tricentenary University



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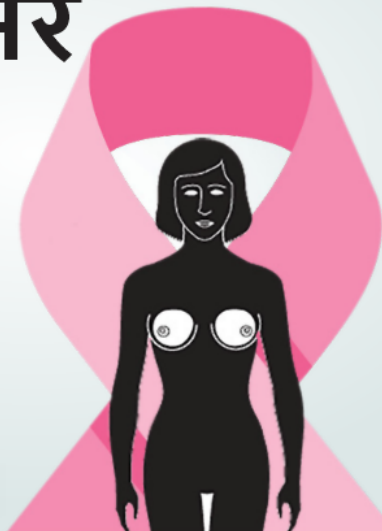
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स्थान:





FACULTY OF
MEDICINE & HEALTH SCIENCES



FMHS, DEPARTMENT OF PEDIATRICS

WORLD BREASTFEEDING WEEK

THEME FOR 2024

**CLOSING THE GAP:
BREASTFEEDING
SUPPORT FOR ALL**



CHIEF
GUEST



Dr. Virender Yadav
Civil Surgeon,
Gurugram

🕒 10:00 AM - 01:00 PM | 📅 August 3, 2024 | 📍 SGT Hospital SGT University



FACULTY OF
NURSING



HOLISTIC CARE CLUB

Department of Nursing Foundation

Interactive session

MENSTRUAL HEALTH AND HANDS-ON TRAINING ON MAKING PERIOD TRACKER



🕒 10:30 AM - 12:30 PM | 📅 May 17, 2024 | 📍 Government Senior Secondary School (Daultabad)

► **Convener**

Prof. (Dr.) Sunil Kumar Dular
Dean, FUNR
SVSP Central Coordinator

► **Coordinator**

Prof. (Dr.) Pawan Kumar
Professor Cum HOD, FNUR
SGT University

Ms. Sapna Yadav
Tutor, FNUR
Event Coordinator
SGT University

Activities

- a. Awareness of about Menstrual hygiene
- b. Hands on training to make period tracker
- c. Quiz Competition on Menstrual practices
- d. Nukad Natak on myths & facts about menstrual health

Under the aegis of
Institution Innovation council (IIC) SGT University presents

SEMINAR ON

**"Advancing Breastfeeding:
Research and Innovations for
Better Maternal and Infant Health"**

11:00 AM
Onwards

Oct 11, 2024
Friday

C-Block Auditorium
SGT University

CONVENER

Dr. Pooja Anand
Dean, Faculty of Physiotherapy
SGT University

IIC CO-ORDINATORS

Dr. Snigdha Tiwari
Assistant Professor
Faculty of Physiotherapy
SGT University

Dr. Renuka Jakhar
Assistant Professor
Faculty of Physiotherapy
SGT University

RESOURCE
PERSON



Dr. Ganga Anand (PT)
BPT, MPT (Neuro), MIAP
Lactation Consultant
Childbirth Educator
Internationally Certified Yoga Teacher
Garbhsanskar Coach
Physiotherapist Artemis Hospitals, Gurgaon

FMHS, DEPARTMENT OF PEDIATRICS

**WORLD BREASTFEEDING
WEEK**

THEME FOR 2024

**CLOSING THE GAP:
BREASTFEEDING
SUPPORT FOR ALL**



Skit: Role of Family support for breastfeeding



EXPERT
SPEAKER

Dr. Daksh Yadav
MBBS, MD (Pediatrics), MIAP, MNMF
Fellowship in Neonatology from
Apollo Hospitals, Gurgaon
Consultant Neonatologist
Minerals Apollo Cradle, Sector 82, Gurgaon

Topic:
Relactation: Restarting
breastfeeding after a gap



EXPERT
SPEAKER

Dr. Bharti Yadav
MBBS, MD (Pediatrics)
Child Specialist & Neonatologist
Maternity Hospital in Gurugram, Minardes
Apollo Cradle & Children's
Hospital Sector 82 Gurugram

Topic:
Nurturing breastfeeding
in the workplace

Note: Counseling for Breastfeeding & associated problems

नि: शुल्क सेवा: स्तनपान एवं उससे जुड़ी परेशानी की जानकारी के लिए

Date: 1st August 2024 to 7th August 2024:

Time: 02:00 to 04:00 PM

Venue: SGT Hospital (OPD G- 17)



FACULTY OF NURSING

The Wellbeing Association

Under Community Health Nursing Department

in collaboration with

"PURE HEART NGO"

is organizing

A Workshop on

MENSTRUAL HYGIENE – "MERI PEHCHAN"

22nd September, 2023 | 10:00 PM - 1:00 PM

Venue: C- Block, Auditorium, SGT University

ACTIVITIES

- Expert session on Women Health
- Discussion on Reproductive Health and Hygiene
- Distribution of Menstrual Cups

WORKSHOP

Speaker



DR. MUKTA KAPILA

Director and Unit Head,
Obstetrics and Gynaecology,
Fortis Hospital, Gurugram