



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

**“Free Physiotherapy and Health Check up
Camp”**

ON

29th March 2024

AT

Nathani Hospital, Rewari Haryana



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

Name of the faculty- Faculty of Physiotherapy

Name of the EVENT – FREE PHYSIOTHERAPY AND HEALTH CHECK UP
CAMP

On

29th March 2024 at 10:00AM

At Nathani Hospital, Rewari Haryana

∴

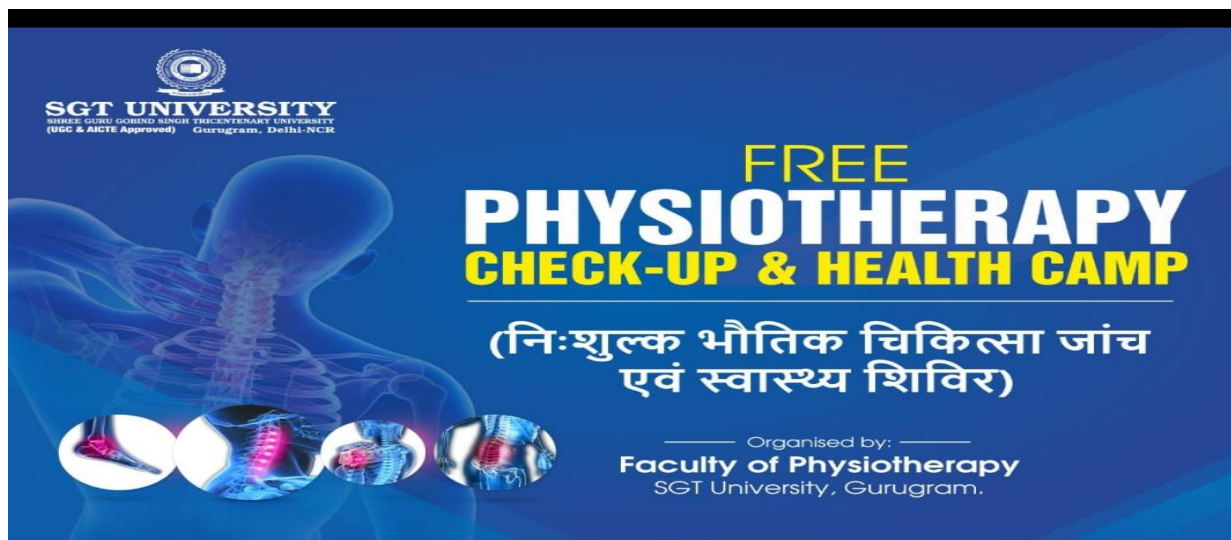


SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved) Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

1. **Title of the Activity:** Health Check Up and Physiotherapy Camp at Nathani Hospital, Rewari (123301) Haryana
2. **Date:** 29th March 2024
3. **Location of the Activity:** Nathani Hospital Rewari Haryana
4. **Organizing Faculty/Department/Association** Faculty of Physiotherapy SGT University Gurgaon-Delhi NCR
5. **Participating Team Members with Designation:** A team of 20 Physiotherapists lead by Dr Sajjan Pal, Assistant Professor, SGTU is conducted the camp.
6. **Brochure:**





SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY

(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

7. Objective of the Activity:

1.The objective of the event was to provide physical evaluation and treatment for the patients.

2.To create awareness for physiotherapy.

3. To create awareness about the services provided by SGT hospital.



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

8. Permission Letter



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

9. Brief Write-up (300 -500 words) on the event(s) explaining activities undertaken

The faculty of physiotherapy, SGT University organized a free health checkup in association with Nathani Hospital, Rewari, Haryana on 29th March, 2024. The Physiotherapy camp gained a lot of attention and was a success.

The main purpose of the visit was to provide no cost physiotherapy services to the less reached area and awareness amongst the people of Rewari. The team reached at the Hospital at 10.30am in the morning and started the camp, they treated around 60 patients under the guidance of Dr. Sajjan Pal (Assistant Professor, Faculty of Physiotherapy). The camp was led by 18 students from the department including 6 postgraduate and 12 undergraduate students along with office Assistant Mr. Rakesh. Most of the patients reported with musculoskeletal problems of neck pain, back pain and knee pain with some ADL restrictions. The neurological patients were also seen as part of the event because Dr Nathani Hospital is specially built for neurological patients. Students got exposure of Neurological patients. People were also counselled regarding general health awareness, home care advice, weight management. Overall, the camp was a success with a very good response from the villagers.

10. Picture of Event:



Patients consultation at consultation desk:Dr Sajjan Pal



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185



Assessment performed by Physiotherapy Students from faculty



Exercise regime given by Physiotherapy Students from faculty



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY

(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185



Exercise regime given by Physiotherapy Students from faculty



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY

(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185



**Patient examination performed by physiotherapy students
under supervision of senior consultant**



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185



Dr Sajjan Pal addressing the community for their physical activity and Health

11. Feedback Forms - NA

12. Number of Beneficiaries– 60 Patients were treated.