



# **SGT UNIVERSITY**

**SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY**  
**(UGC & AICTE Approved) Gurugram, Delhi-NCR**

**Health Check Up and  
Physiotherapy Camp  
(FACULTY OF  
PHYSIOTHERAPY)**



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

**Title of the Activity:** Health Check Up and Physiotherapy Camp at Kherki Gujjar,  
Jhajjar

1. **Date:** 20<sup>th</sup> March 2024

2. **Location of the Activity:** Kherki Gujjar, Jhajjar (Bahadurgarh)

3. **Organizing Faculty/Department/Association** Faculty of Physiotherapy SGT

University Gurgaon-Delhi NCR

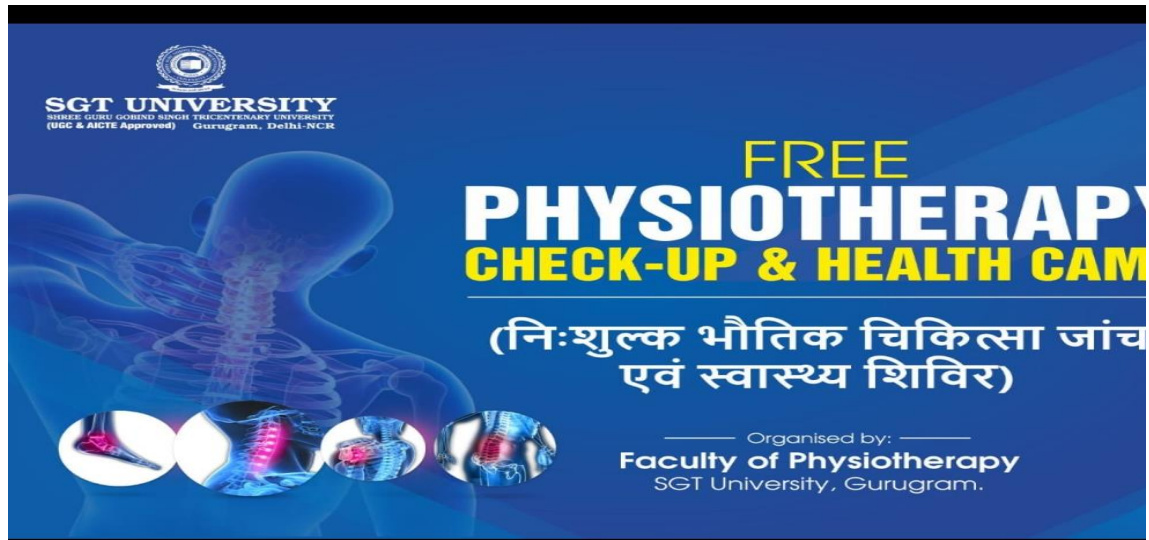
4. **Participating Team Members with Designation:** A team of 20  
Physiotherapists lead by Dr Himanshu, Assistant Professor, SGTU is  
conducted the camp.



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

5. E Brochure/Banner (if made)-





# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

**6. Objective of the Activity:**

1.The objective of the event was to provide physical evaluation and treatment for

the patients.

2.To create awareness for physiotherapy.

3. To create awareness about the services provided by SGT hospital.



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

## 7. Permission letter -



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

**8. Brief Write-up (300 -500 words) on the event(s) explaining activities undertaken.**

A Physiotherapy camp was organised by the department of Physiotherapy of SGT University in village Kherki Gujjar, Distt Jhajjar on Saturday.

With the help of Mr Virender of Village Kherki Gujjar, Jhajjar, more than 55 villagers were checked and being treated by Dr Himanshu Gakhar, Demonstrator of Physiotherapy Department.

Mr Virender from Kherki Gujjar, Jhajjar Village said, "Every single person must take care of their physical health these days. Good physical health ensures well mental being."

"We know that several sportspersons of Haryana comes from the rural area as the Kherki Gujjar, Jhajjar Village itself has some wrestlers, Teaching them better techniques while playing sports keeps them healthy and moreover they can avoid any kind of internal injury. One must immediately go for Physiotherapy sessions if they feel any discomfort," Dr Himanshu Gakhar added.



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

## 9. Relevant Photographs with captions



Team of Physiotherapy students treating individual patient





# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR



Team of Physiotherapy students treating group of patients by common

exercise regime





# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

**10. Number of Benefiaries - 55**

**11. Feedback from Beneficiaries/ Photo of Letter of Appreciation/**

**Testimonials**

**NA**