



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC & AICTE Approved) Gurugram, Delhi-NCR

**“Free Physiotherapy Check up Camp for BMI
& Body composition Analyzer”**

ON

10th Jan 2024

AT

**Bhai Jogha Singh School, Karol Bagh, New
Delhi**



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Name of the faculty- Faculty of Physiotherapy

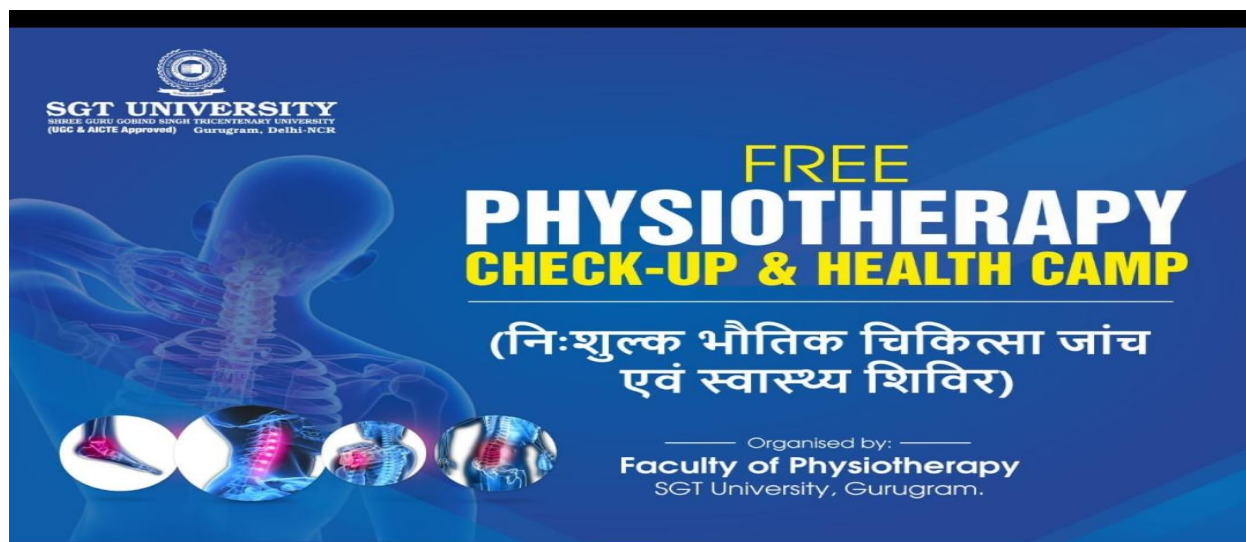
Name of the EVENT – Free Physiotherapy Check up Camp for BMI & Body composition Analyzer

On

10th Jan 2024 at 10:00AM

At Bhai Jogha Singh School, Karol Bagh, New Delhi

BROCHURE:





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1. Title of the Activity: Free Physiotherapy Checkup Camp for BMI & Body composition Analyzer in Bhai Jogha Singh School, Karol Bagh, New Delhi in association with Faculty of Dental Sciences & Admission cell SGT university.

2. Date: 10th January 2024

3. Location of the Activity: Bhai Jogha Singh School, Karol Bagh, New Delhi.

4. Organizing Faculty/Department/Association Faculty of Physiotherapy in association with Faculty of Dental Sciences & Admission cell SGT university,

Gurgaon-Delhi NCR



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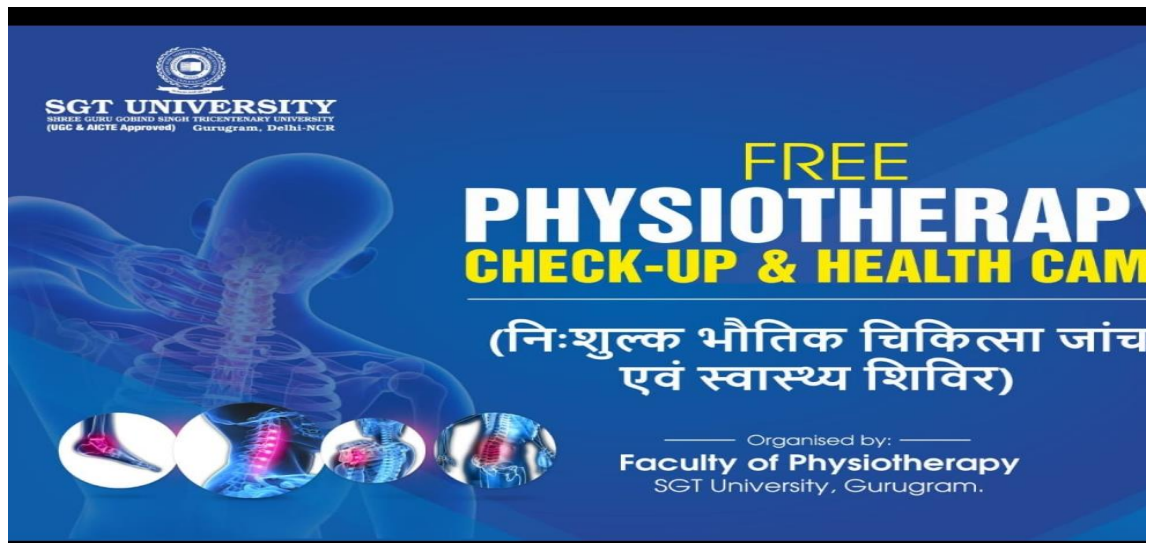
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5. Participating Team Members with Designation: A team of 8

Physiotherapists lead by Dr Himanshu Rakheja Asst. Prof., FPHY, SGTU is

conducted the camp.

6. E Brochure/Banner (if made)-





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7. Permission letter –



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8. Objective of the Activity:

- 1.The objective of the event was to provide physical evaluation and treatment for the patients living with village lifestyle.
- 2.To create awareness for physiotherapy at rural level.
3. To create awareness about the services provided by SGT hospital & Medical College.

9. Number & Description of Beneficiaries:

The faculty of physiotherapy, SGT university held a free Free Physiotherapy Checkup Camp for BMI & Body composition Analyzer in Bhai Jogha Singh School, Karol Bagh, New Delhi in association with Faculty of Dental Sciences & Admission cell SGT university. 100 students were assessed by the senior physiotherapists Dr. Himanshu Rakheja (Assistant professor) along with 6 post graduate physiotherapy students. Physical examination included BMI and Body composition analysis. All went well with



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fine enthusiasm and great help of the team. Students were happy with the team and wish to have similar kind of health camp at regular interval.

10. Outcome of the Activity & its relevance to Health Sciences:

1. Participants went home with a message that medicines may cure most of the problems, but with exercises, they will improve their quality of life.
2. The camp was an inspirational guide to the faculty and students in terms of utilizing their skills in welfare of society.



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11. Relevant Photographs with captions





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12. Number of Benefiaries - 100

13. Feedback from Beneficiaries/ Photo of Letter of Appreciation/

Testimonials

NA