



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

**“Free Physiotherapy Check up Camp for BMI  
& Body composition Analyzer”**

**ON**

**04<sup>th</sup>/05<sup>th</sup> December 2023**

**AT**

**Bhai Jogha Singh School, Karol Bagh, New  
Delhi**



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Name of the faculty- Faculty of Physiotherapy

Name of the EVENT – Free Physiotherapy Check up Camp for BMI & Body composition Analyzer

On

04<sup>th</sup>/05<sup>th</sup> December 2023 at 10:00AM

At Bhai Jogha Singh School, Karol Bagh, New Delhi

## BROCHURE:

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**FREE  
PHYSIOTHERAPY  
CHECK-UP & HEALTH CAMP**

(निःशुल्क भौतिक चिकित्सा जांच  
एवं स्वास्थ्य शिविर)

Organised by:  
**Faculty of Physiotherapy**  
SGT University, Gurugram.



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**Title of the Activity:** Free Physiotherapy Checkup Camp for BMI & Body composition Analyzer in Bhai Jogha Singh School, Karol Bagh, New Delhi in association with Faculty of Dental Sciences & Admission cell SGT university.

1. **Date:** 04<sup>th</sup>/05<sup>th</sup> December 2023

2. **Location of the Activity:** Bhai Jogha Singh School, Karol Bagh, New Delhi.

3. **Organizing Faculty/Department/Association** Faculty of Physiotherapy in association with Faculty of Dental Sciences & Admission cell SGT university,  
  
Gurgaon-Delhi NCR



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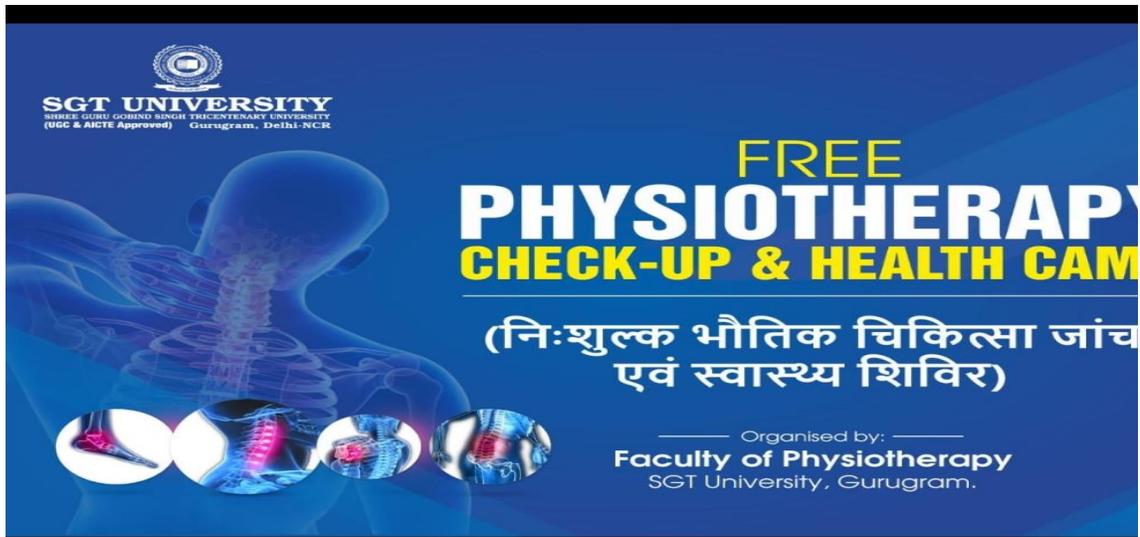
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#### 4. Participating Team Members with Designation: A team of 6

Physiotherapists lead by Dr Himanshu Rakheja Asst. Prof., FPHY, SGTU is

conducted the camp.

#### 5. E Brochure/Banner (if made)-





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## **6. Objective of the Activity:**

- 1.The objective of the event was to provide physical evaluation and treatment for the patients living with village lifestyle.
- 2.To create awareness for physiotherapy at rural level.
3. To create awareness about the services provided by SGT hospital & Medical College.

## **7. Number & Description of Beneficiaries:**

*The faculty of physiotherapy, SGT university held a free Free Physiotherapy Checkup Camp for BMI & Body composition Analyzer in Bhai Jogha Singh School, Karol Bagh, New Delhi in association with Faculty of Dental Sciences & Admission cell SGT university. 150 students were assessed by the senior physiotherapists Dr. Himanshu Rakheja (Assistant professor) along with 6 post graduate physiotherapy students. Physical examination included BMI and Body composition analysis. All went well with fine enthusiasm and great help of the team. Students were happy with the team and wish to have similar kind of health camp at regular interval.*



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## 8. Outcome of the Activity & its relevance to Health Sciences:

1. Participants went home with a message that medicines may cure most of the problems, but with exercises, they will improve their quality of life.
2. The camp was an inspirational guide to the faculty and students in terms of utilizing their skills in welfare of society.

## 9. Relevant Photographs with captions



Students of MPT calculating the data of BMI of



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**10. Number of beneficiaries** - 150

**11. Feedback from Beneficiaries/ Photo of Letter of Appreciation**

**12. Testimonials**

**NA**