



# **SGT UNIVERSITY**

**SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR**

**Health Check Up and  
Physiotherapy Camp  
(FACULTY OF  
PHYSIOTHERAPY)**



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

**Title of the Activity:** Health Check Up and Physiotherapy Camp at Little Angel  
Play School Rawta 2023

1. **Date:** 24 FEB 2024

2. **Location of the Activity:** VILLAGE CHUDANI, BAHADURGARH

3. **Organizing Faculty/Department/Association** Faculty of Physiotherapy SGT

University Gurgaon-Delhi NCR

4. **Participating Team Members with Designation:** A team of 12

Physiotherapists lead by Dr VINIKA, Assistant Professor, SGTU is

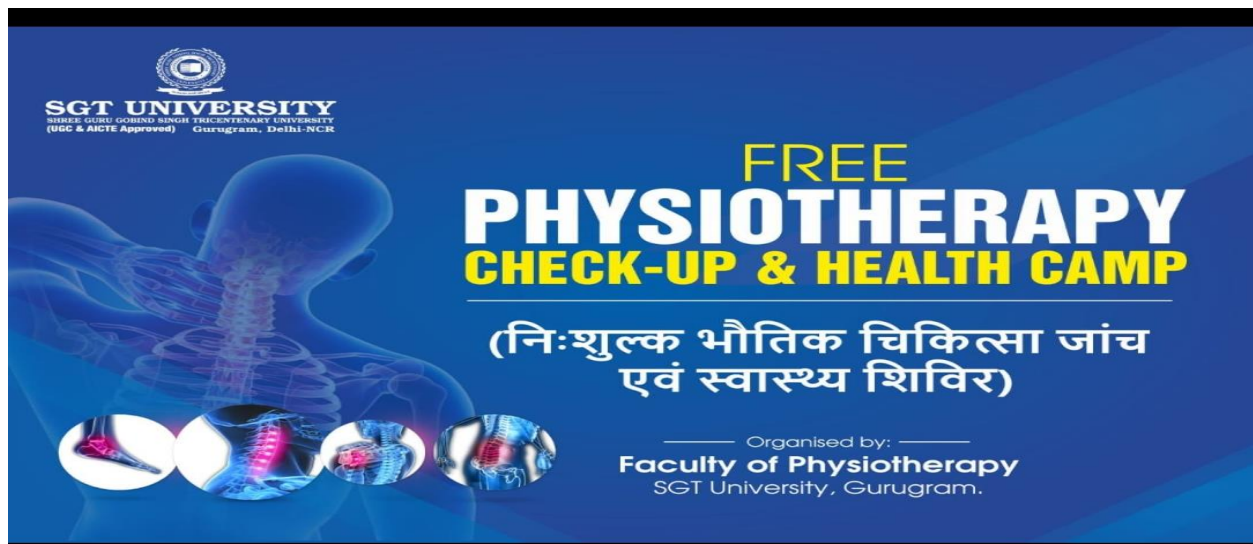
conducted the camp.



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

5. E Brochure/Banner (if made)-



6. Objective of the Activity:

- 1.The objective of the event was to provide physical evaluation and treatment for the patients.
- 2.To create awareness for physiotherapy.
3. To create awareness about the services provided by SGT hospital



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

## 7. Permission letter –



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

## **8. Brief Write-up (300 -500 words) on the event(s)explaining activities undertaken**

A Physiotherapy camp was organized by the department of Physiotherapy of SGT University in village CHUDANI on Saturday. With the help of Mr HITENDER, more than 50 villagers were checked and being treated by team of faculty of Physiotherapy. Dr VINIKA and her team members said that be it elder or youths everyone needs a Physiotherapy these days to keep themselves fit.

"We know that several sportspersons of Haryana come from the rural area. Teaching them better techniques while playing sports keeps them healthy and moreover, they can avoid any kind of internal injury. One must immediately go for Physiotherapy sessions if they feel any discomfort," Dr Vinika added.

## **9. Number & Description of Beneficiaries:**

A total of 52 people including children and adults were counseled.

## **10. Outcome of the Activity & its relevance to Health Sciences:**

1. Participants went home with a message that medicines may cure most of the problems, but with exercises, they will improve their quality of life.
2. The camp was an inspirational guide to the faculty and students in terms of utilizing their skills in welfare of society.



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

## 11. Relevant Photographs with captions



Treatment ongoing with female physiotherapy



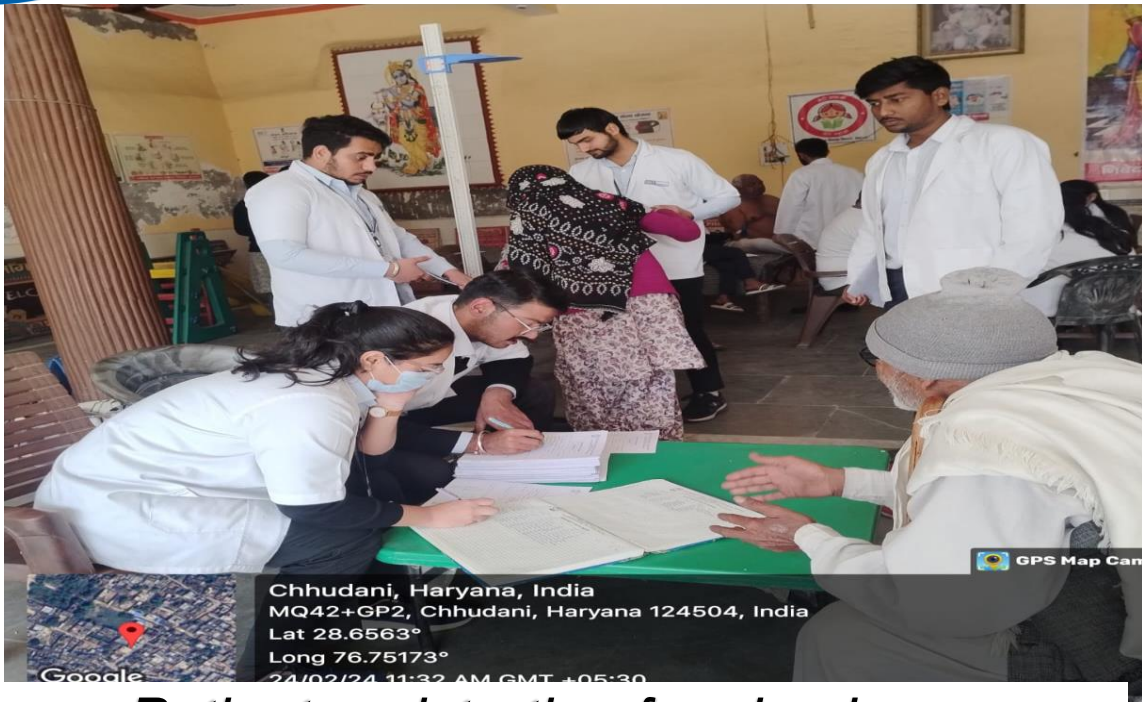
1. Treatment ongoing with male physiotherapy students





# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR



Patient registration for check up



Patient registration for check up



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

**12. Feedback from Beneficiaries/ Photo of Letter of Appreciation/**

**Testimonials**

**NA**