



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved) Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

Faculty of Allied Health Sciences
SVSP
SGT University

organized
an Outreach Activity on
“Antibiotics”

Date: 18th January 2024

Time: 10:00 AM to 12:00PM

Venue: Sultanpur Primary Government School,
Sultanpur Village, Gurugram, Haryana



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Organizers: The Faculty of Allied Health Science from the Department of Nutrition and Dietetics Dr. Vatsala Saharan and Department of Medical Laboratory Technology, Ms. Suchandra Gupta with students organized a meaningful community outreach initiative by visiting Sultanpur Primary Government School, Sultanpur Village, Gurugram under the banner of SVSP.

Report of the Program:

Introduction: Faculty of Allied Health Science, Department of Nutrition & Dietetics and Medical Laboratory Technology organized a significant community outreach program with the goal of empowering young minds at Sultanpur, Gurugram under the banner of SVSP led by Dr. Vatsala Saharan, Ms. Suchandra Gupta, as well as motivated students, the program sought to provide vital health education to the primary school students, emphasizing the importance of Antibiotics. This introduction lays the groundwork for a program that actively incorporates the students in addition to educating them.

(a) Objective of the Workshop

1. To educate students about the proper use of antibiotics.
2. To raise awareness about antibiotics resistance and promote responsible antibiotic prescription.
3. To educate about the benefits of prebiotics, probiotics and symbiotics for gut health and overall well-being.

Brief content of Programme- The Faculty of Allied Health Science from the Department of Nutrition and Dietetics Dr. Vatsala Saharan and Department of Medical Laboratory Technology Ms. Suchandra Gupta, with students organized a meaningful community outreach initiative by visiting Sultanpur village, Gurgaon. The purpose of this visit was to impart education on Antibiotics and Pre, Pro and Symbiotics. The program actively involved students of primary classes. The nutrition students impart education on Human Digestive System and benefits of prebiotics, probiotics and symbiotics for gut health and overall well-being.

Simultaneously, Students of Medical Laboratory Technology brought the attention to Antibiotics. They provided information about antibiotics resistance, and promote responsible antibiotic prescribing.



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They also explained the steps involved in washing hand. They demonstrated the proper way of hand washing. Later, students were asked to perform the steps of hand wash.

This multi-faceted approach to health education provided a comprehensive learning experience for the primary students of school. It not only broadened their understanding of Antibiotics and self-care procedures but also instilled a sense of awareness regarding the importance of maintaining gut health. The initiative exemplifies the Faculty of Allied Health Sciences commitment to community engagement.

b) Screenshots of the event:





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