

Role Play and Interactive Training session on First Aid Management of Minor Ailments (26/06/2024)

1. **Title of the Activity:** *“Role Play and Interactive Training session
on First Aid Management of Minor Ailments”*

2. **Date:** 26th June, 2024

0. **Location of the Activity:** Garhi- harsaru Railway Junction ,

Gurugram

0. **Organizing Faculty/Department/Association:** Department of
Community Health Nursing, Wellbeing Association

0. **Participating Team Members with Designation:**

1. Prof. Sunil Kumar Dular (HOD, Community Health Nursing Department)
2. Ms. Deepa Mukherjee (Associate Professor)
3. Ms. Rachna (Assistant Professor)
4. Ms. Nutan Kumari (Assistant Professor)
5. Mr. Naveen (PG Tutor)
6. Ms. Manidipa Sarkar (PG Tutor)
7. Ms. Khiumajuli Abonmai (PG Tutor)
8. Ms. Snehapriya (PG Tutor)

0. **Objective of the Activity:**

- The aims of first aid include **preserving life, preventing injury from getting worse, aiding recovery, relieving pain, and protecting the unconscious.**
- First aid is the help given to someone who is injured or ill **to keep them safe and to cause no further harm.**
- Outlining on assessing first aid priorities & the accidental scene.
- Outline the objectives and principles of first aid.
- To involve students in co-curricular activities.

0. **Brief Write-up (300 -500 words) on the event(s) explaining activities undertaken**

Heat stroke awareness campaign on 26th June 2024 SGT University organised by the Faculty of Nursing department under well being club, at Garhi railway Junction Station in which the team of Nursing students from SGT University conduct a role play on Heat stroke and interactive training session on CPR. The ORS packets were distributed to the people by the Nursing students. First Aid Box donate by the faculty of Nursing SGT university to the Railway Station Incharge Shri Harikishan Meena. All Garhi Railway station staff praised SGT university Faculty of Nursing Awareness and interactive training session campaign. This Day provides an opportunity

to acknowledge the contribution, wisdom, dignity, and needs of our society and to rededicate our efforts to ensure their well-being. The Students of M.SC Nursing and GNM 1ST YEAR, Faculty of Nursing, SGT University, Gurugram celebrated that on 26th September 2024. The objective of the Program was to make the students understand and realize the importance of FIRST AID in our lives. A staff team was conducted on the 26th of June, 2024 at Garhi-Harsaru Railway junction, Farukh-Nagar, Gurugram.

The success of the event was evident through the joyful smiles of the staff and public as they were overwhelmed to see the students of SGT University from the Faculty of Nursing performing for them.

The Programme was successfully done under the guidance of Prof. (Dr.) Sunil K. Dular, Dean cum H.O.D, Community Health Nursing Department and supervision of all Faculty Members of Community Health Nursing Department, Faculty of Nursing, SGT University, Gurugram.

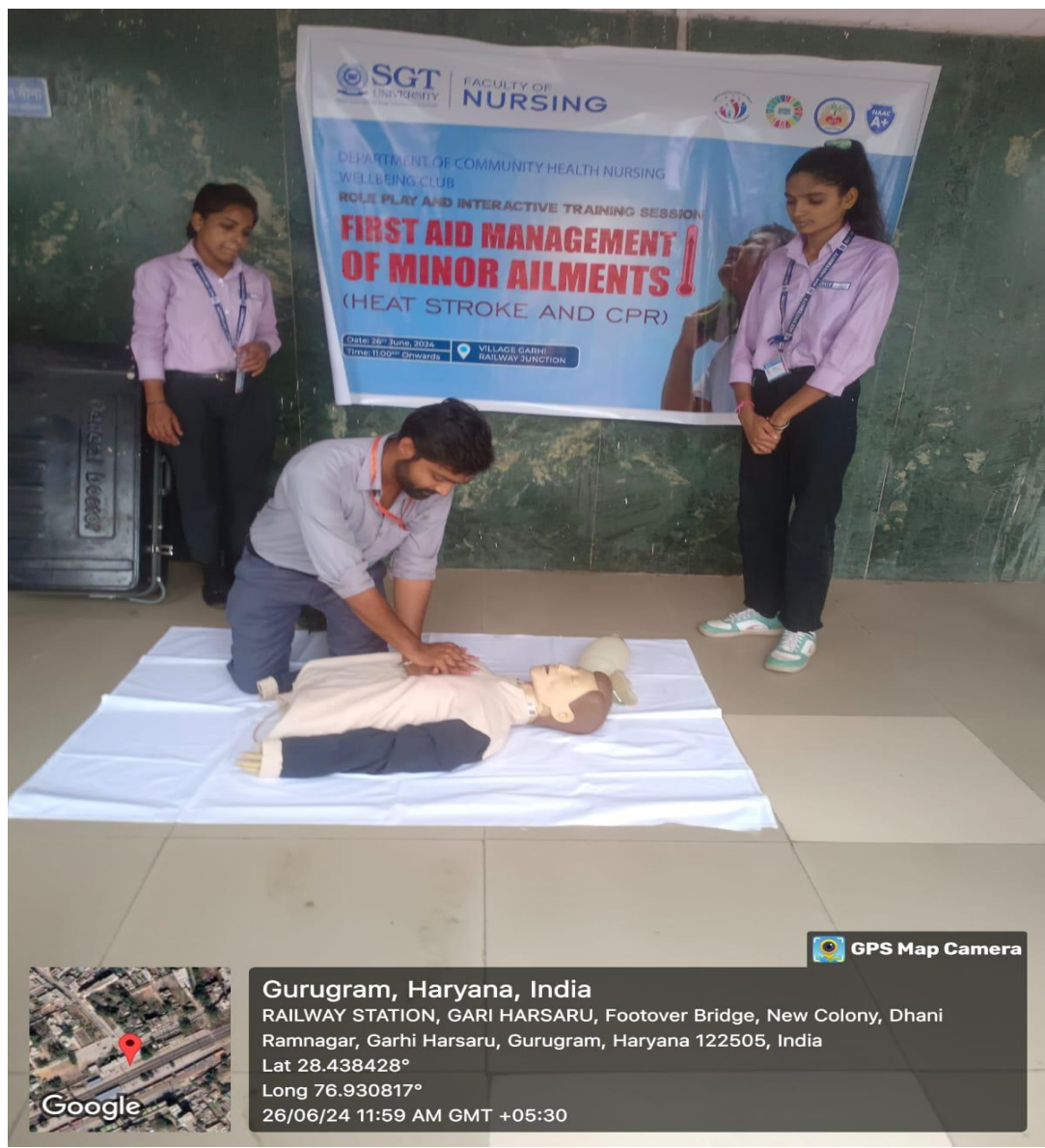
0. **Number & Description of Beneficiaries:** 70 members from Garhi

railway junction were participated.

0. **Outcome of the Activity & its relevance to Health Sciences:**

Heat stroke awareness campaign on 26th June 2024 SGT University organised by the Faculty of Nursing department under well being club, at Garhi railway Junction Station in which the team of Nursing students from SGT University conduct a role play on Heat stroke and interactive training session on CPR. The ORS packets were distributed to the people by the Nursing students. First Aid Box donate by the faculty of Nursing SGT university to the Railway Station Incharge Shri Harikishan Meena. All Garhi Railway station staff praised SGT university Faculty of Nursing Awareness and interactive training session campaign.

0. **Relevant Photographs with captions (preferably geo-tagged & High-resolution images – to be mailed as separate attachments along with placement in word file also) – 4 to 6 Photograph**







गढ़ी रेलवे स्टेशन पर हीट स्ट्रोक जागरूकता अभियान चलाया



ह्यूमन इंडिया/मुकेश सैनी

फरुखनगर। एसजीटी यूनिवर्सिटी के नर्सिंग संकाय विभाग ने 26 जून 2024, बुधवार को गढ़ी रेलवे जंक्शन स्टेशन पर हीट स्ट्रोक जागरूकता अभियान चलाया, जिसमें एसजीटी यूनिवर्सिटी के नर्सिंग छात्रों की टीम हीट स्ट्रोक पर रोल प्ले और सीपीआर पर इंटरैक्टिव प्रशिक्षण सत्र आयोजित करती है। नर्सिंग छात्राओं द्वारा लोगों को ओआरएस पैकेट वितरित किये गये। यह कार्यक्रम नर्सिंग संकाय के डीन डॉ. सुनील कुमार दुलार के मार्गदर्शन में हुआ। एसजीटी विश्वविद्यालय, नर्सिंग विभाग की एसोसिएट प्रोफेसर, दीपा मुखर्जी और व्याख्याता स्नेहप्रिया ने एक इंटरैक्टिव प्रशिक्षण सत्र के माध्यम से सीपीआर या हीट स्ट्रोक प्राथमिक चिकित्सा प्रबंधन के बारे में शेष सत्र का नेतृत्व किया। एसजीटी विश्वविद्यालय के नर्सिंग संकाय द्वारा रेलवे स्टेशन प्रभारी श्री हरिकिशन मीना को प्राथमिक चिकित्सा बॉक्स दान किया गया। गढ़ी रेलवे स्टेशन के सभी कर्मचारियों ने एसजीटी यूनिवर्सिटी फैकल्टी ऑफ नर्सिंग अवेयरनेस और इंटरैक्टिव ट्रेनिंग सेशन अभियान की सराहना की।

0. Feedback from Beneficiaries/ Photo of Letter of Appreciation/

Testimonials:

उत्तर रेलवे
NORTHERN RAILWAY

डिजाइन प्रमोशन के मासिक समारोह के द्वारा गरीबों के
जो स्टेशन पर स्टेशन ब्याच और पैकेजों को अपने
हीट स्ट्रोक लागू करने के तहत स्टेशन प्रशासन
के माध्यम से CPR या हीट स्ट्रोक प्राथमिक चिकित्सा
प्रबन्धन के बारे में प्रशिक्षण दिया और पैकेजों
के ORS पैकेट वितरण किया इसके लिए आपको
और आपकी टीम का धन्यवाद।

आपको ये प्रशिक्षण हमें और सभी यात्रियों
का अच्छा लगा और इससे लोगों के जान बचा सकें
भाई की हम किसी भी जगह की जान बचा सकते
हैं और हम इस नाटक को देखने वाले और
लोगों का भी समझेंगे कि हमारी एक छोटी सी सहायता
से हम किसी की जान बचा सकते हैं।

धन्यवाद।

(Signature)
स्टेशन अधिकारी / Station Supdt.
गढ़ी हरसर जं. / Garhi Harsar Jn.
उत्तर रेलवे / N. Ry.

List of the student participants

Attendance List

Date :- 26th June, 2024

Venue :- Garhi - Harsaru Railway Station Junction

Outreach programme - First Aid management of Minor Ailments
A Role play & Interactive Session

S.No.	Name of Participants	Batch	Signature
1.	Roshni	M.Sc 2nd year	<i>Roshni</i>
2.	Madhu	M.Sc 2nd year	Madhu
3.	Tanishq	G.N.M Ist Year	<i>Tanishq</i>
4.	Ishant	G.N.M Ist Year	<i>Ishant</i>
5.	Subhalaxmi	G.N.M Ist Year	Subhalaxmi
6.	Annu	G.N.M Ist Year	<i>Annu</i>
7.	Chanchal	G.N.M Ist Year	CHANCHAL
8.	Dimple	G.N.M Ist Year	<i>Dimple</i>
9.	Annu	G.N.M Ist Year	<i>Annu</i>
10.	Mansi	G.N.M Ist Year	Mansi
11.	Ekta Yadav	G.N.M Ist Year	Ekta

