

SGT UNIVERSITY SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY (UGC Approved) Gurugram, Delhi-NCR Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph. : 0124-2278183, 2278184, 2278185

# Name of the Event-

# 4 Days Capacity Building Program on Sustainable Solutions

(21<sup>st</sup>- 24<sup>th</sup> May 2024)



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- <u>Title of the activity:</u>
   4 Days Capacity Building Program on Sustainable Solutions
- 2 <u>Location of the activity:</u> ACIC Meeting Room, E-Block, SGT University, Gurugram, Haryana.
- 3 Organizers: ACIC, Faculty of Nursing, and Environmental Committee, SGT University
- 4 Organizing Team Members with Designation:
- 1. Er. Rishi Sharma, Centre Incharge, ACIC, SGTU
- 2. Prof. (Dr)Sunil Kumar Dular, HOD cum Dean, FNUR, SGTU
- 3. Dr. Archana Chaudhary, Chairperson, Environmental Committee, SGTU
- 4. Ms. Deepa Mukherjee (Associate Professor, FNUR, SGTU)
- 5. Dr. Shikha (Assistant Professor, Member Secretary, Environmental Committee, SGTU)
- 6. Ms. Rachna (Assistant Professor, Member, Environmental Committee, SGTU)
- 7. Mr. Bakul Dev Rai, Incubation Associate, ACIC, SGTU
- 8. Mr. Praveen, Young Prodessional, ACIC, SGTU
- 9. Mr. Amit Jangid, Technical Head, ACIC, SGTU

### 5 <u>Subject Matter Expert:</u>

Ms. Mamta Tripathi, Certified Trainer of Rural & Urban Foundations

### 6. <u>PARTICIPANTS:</u>

- Women from rural areas (Vill. Budhera, Garhi-Harsaru & Sultanpur)-20
- Students from various programs from Faculty of Nursing- 26



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#### 7. APPROVAL LETTER:

NITI Aavog	
ACIC/SGTU/GENERAL/2024/05/010	and Community Intercenter Center.
То	
The Registrar SGT University Gurugram, Haryana	Date: 14.05.2024
Subject: Requirement for Capacity Building Bag and Decorative Products Production"	Program "Sustainable Solutions: Eco-Friendly Paper
University is organizing a capacity-building Bag and Decorative Products Production of (Budhera, Sullanpur, Garhi Harsaru) an become a significant environmental con alternatives. In response to the growing need	re in collaboration with the Faculty of Nursing. SGT program "Sustainable Solutions: Eco-Friendly Paper from 21 or Low Mass 2024 for the community women, from 21 or Low Mass 2024 for the community women, next, prompting communities to steek sustainable for sustainable alternatives to plastic bags, this initiative unuity by equipping them with the requisite skills and dly paper bags.
Related to this Event, we have some m	najor requirements listed below that need your kind
1. Lunch for (20 participants) for 4 days-	(21st to 24th May 2024)
2. High Tea for (50 participants) for 4 day	ys- (21 <sup>st</sup> to 24 <sup>th</sup> May 2024)
3 Accommodation of Trainer (1 person)	for 4 days- (20th to 23th May 2024)
4 Food (Breakfirst, Lunch, Dinner) of Tr	ainer (1 person) for 4 days- (21st to 24th May 2024)
<ol> <li>Transportation Facility required to p participants from Budhera, Sultanpur, 2024)</li> </ol>	aick up at 08:30 am and drop off by 03:30 pm the and Garhi Harsaru Village- for 4 days- (21st to 24th May
It is therefore requested to kindly provide y	our consent and approval for the same.
Thank you for your kind support	and the formation of the second of the secon
manty chrowy	Budhera Curugram - 105

## 8. Program Schedule:

Time	Activity
	Day-1: (21/05/2024)
09:30 am - 10:00 am	Arrival of Participants and Welcome - Arrival of participants - Welcome address by Mr. Rishi Sharma, Centre Incharge ACIC SGTU - Welcome address by Mr. Rishi Sharma, Centre Incharge ACIC SGTU
10:00 am - 10:45 am	<ul> <li>Welcome address by MF, Rush Sharina, Center nemege - Introduction to Environmental Issues and Plastic Pollution and Benefits of Usin Eco-Friendly Alternatives</li> </ul>
10:45 am - 11:00 am	High Tea Break
11:00 am - 01:00 pm	High Tea Break Basics of Paper Bag Production – Material Overview and Cutting and Folding Techniques
01:00 pm - 01:30 pm	Lunch
01:30 pm - 03:00 pm	Lunch Hands-on Training - Basic Techniques of Paper Bag Making (Gift Paper Bags, S.O.S. Brown Takeaway Paper Bags)
10:00 am - 11:00 am	Advanced Paper Bag Making Techniques (Flat-bottom Paper Bags, Paper Shopping Bags)
11:00 am - 11:15 am	High Tea Break
11:15 am - 01:00 pm	Design and Decoration Techniques for Paper Bags
01:00 pm - 01:30 pm	Lunch
01:30 pm - 03:00 pm	Session Continue
	Day-3: (23/05/2024)
10:00 am - 11:00 am	Making of Paper Bags from Handmade sheet
11:00 am - 11:15 am	High Tea Break
11:15 am - 01:00 pm	Hands-on Training of Paper Bags from Handmade sheet
01:00 pm - 01:30 pm	Lunch
01:30 pm - 03:00 pm	Session Continues
of the burn of the burn	Day-4: (24/05/2024)
10:00 am - 11:00 am	Crafting of Paper Bags and Decoratives items with the Sanjhi Art
11:00 am - 11:15 am	High Tea Break
11:15 am - 01:00 pm	Session Continues
01:00 pm - 01:30 pm	Lunch
01:30 pm - 02:00 pm	Felicitation Ceremony and Vote of Thanks by Dr. Sunil Dular, Dean Faculty of Nursing



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#### 9. <u>E Brochure/Banner-</u>



## 10. Objectives of the Event :

1. **Environmental Awareness:** Raise awareness among participants about the detrimental effects of plastic bags on the environment and highlight the benefits of using eco-friendly alternatives.

2. **Skill Development:** Provide community women and students with comprehensive training in the art of crafting paper bags and decorative items, including techniques for cutting, folding, and assembling.

3. Economic Empowerment: Enable women to generate income through the production and sale of paper bags, thereby enhancing their financial stability and contributing to poverty alleviation efforts.

4. **Promoting Sustainable Practices**: Encourage the adoption of sustainable practices within the community by promoting the use of eco-friendly alternatives to plastic bags.

5. **Community Engagement:** Foster a sense of community cohesion and collaboration by bringing together community women and students from diverse backgrounds to learn and work together towards a common goal.

### 11. Report of the Capacity Buiding Program Program:





Atal Community Innovation Centre, SGTU in collaboration with Faculty of Nursing, SGT University & Environmental Committee, SGTU had organized a capacity-building program on Sustainable Solutions: Eco-Friendly Paper Bag and Decorative Products Production" from 21st to 24th May 2024. Plastic pollution has become a significant environmental concern, prompting communities to seek sustainable alternatives. In our locality, the adverse effects of plastic waste are increasingly visible, highlighting the urgent need for action. In response to the growing need for sustainable alternatives to plastic bags, this initiative aims to empower women within our community by equipping them with the requisite skills and knowledge to produce environmentally friendly paper bags. By providing a platform for hands-on training and educational discourse, participants will not only contribute to minimizing environmental harm but will also partake in a process of economic empowerment.

#### Highlights of Day-1(21.05.2024):

1. The Program started with the opening remarks by Er. Rishi Sharma, Centre Incharge, ACIC, SGTU, Prof. (Dr)Sunil Kumar Dular, HOD cum Dean, FNUR, SGTU and Dr. Archana Chaudhary, Chairperson, Environmental Committee, SGTU on Environmental Issues like Plastic pollution and benefits of using Eco-friendly alternatives, followed by felicitation of the Subject Expert- Ms. Mamta Tripathi, Certified Trainer of Rural & Urban Foundations

2. The program was carried forward by Ms. Mamta Tripathi, Certified Trainer of Rural & Urban Foundations, by teaching Basics of Paper Bag Production: Material overview, Cutting & folding techniques to the participants.

3. Hands-on Training: Basic Paper Bag Making (Gift paper bags, S.O.S brown take away paper bags) was also given to the participants.

#### Highlights of Day-2(22.05.2024):

- 1. Advanced Paper Bag making techniques (Flat Bottom Paper Bags, Paper Shopping Bags)
- 2. Design and decoration techniques for Paper Bag.

#### Highlights of Day-3(23.05.2024):

Hands on training of making paper bags from hand made sheets.

#### Highlights of Day-4 (24.05.2024):

- 1. Crafting of Paper bags and decorative items with Sanjhi Art
- 2. Feedback from participants
- 3. Closing remarks by Er. Rishi Sharma, Centre Incharge, ACIC, SGTU, and Dr. Archana

Chaudhary, Chairperson, Environmental Committee, SGTU.

The success of the event is attributed to the diligent efforts of the event coordinators. Their active contribution ensured the seamless execution and success of the event, leaving a lasting impact on all participants.



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### 12. Screenshots of Webinar/ Picture of Event:

## **GLIMPSES OF DAY 1**







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### **Glimpses of Day 2:**







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### **GLIMPSES OF DAY 3:**

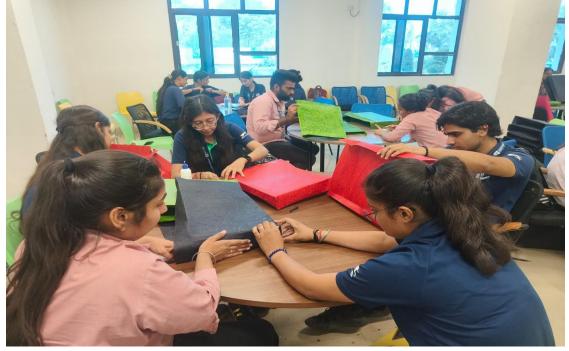






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**GLIMPSES OF DAY 4:** 







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## 13. LIST OF PARTICIPANTS:





#### 14. FEEDBACK FROM VILLAGE WOMEN:



#### FEEDBACK FROM STUDENTS:

Name: C	BAGS AND DECORATIVE I FEEDBAC ARIMA Re			
Course:	B-Sc-Nursing. So	mester/Year: Gth	Sem	
S.NO.	ASPECT	EXCELLENT	GOOD	FAIR
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3,	Hands-On Activities And Resources Provided		V	
3, 4,	Duration Of The Program	~		
k	Interaction With The Trainer			
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