



# SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

**Maternal Health  
Awareness in view of  
Safe Motherhood Day  
9th April 2024**



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1. **Title of the Activity:**

“Maternal Health Awareness in view of Safe Motherhood Day under the theme: Access in crisis”

2. **Date:** 9th April 2024

3. **Location of the Activity:**

PHC, Daulatabad, Gurugram, Haryana

4. **Organizing Faculty/Department/Association**

Pflege Club under the Department of Obstetrics & Gynecological Nursing, Faculty of Nursing, SGT University in collaboration with SVSP, SGT University.

5. **Participating Team Members with Designation:**

1. Prof. (Dr.) Neeta Bhide, (HOD), Faculty of Nursing
2. Ms. Deepak (Associate Prof.), Faculty of Nursing
3. Ms. Lisa (Assistant Prof.), Faculty of Nursing
4. Ms. Banapriya (PG Tutor), Faculty of Nursing
5. Ms. Sonam (PG Tutor), Faculty of Nursing
6. Ms. Sushmita Sharma (PG Tutor), Faculty of Nursing
7. Mr. Naveen vats (PG Tutor), Faculty of Nursing

**Approval letter from Registrar, SGT University**



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DVC/01  
02/04/24

 **SGT UNIVERSITY**  
Shree Guru Gobind Singh Tricentenary University

Ref. No.: SGTU/FON/03/2024/219 Date: 01.04.2024

Subject: Regarding approval for Celebration of the Maternal Health Awareness Day under Theme: Access in Crisis on 9<sup>th</sup> April 2024.

The Pflege club under the department of Obstetrics & Gynecological Nursing, Faculty of Nursing, SGT University in collaboration with SVSP is organizing one day program regarding Celebration of the Maternal Health Awareness Day under Theme: Access in Crisis on 9<sup>th</sup> April 2024 at Primary Health Centre, Daulatabad, Haryana among antenatal mothers.

The activities for the program are as follows:

- ✓ Balance Nutrition with demonstration
- ✓ Health Education on antenatal care
- ✓ Awareness of danger sign during pregnancy through role play

Budget for the scheduled program:

S.No.	Item with Justification	Quantity	Rate	Price
1	Stationary Item			
2	Charts	5	Rs. 25/-	25
3	Scissor	1	Rs. 50/-	50
4	Double Sided Tape	1	Rs. 30/-	30
5	E-Certificate for organizers	20	-	-
Total				Rs. 105/-

Kindly arrange the transport for 15 students from M.Sc. Nursing & Interns along with 2 faculty members to Daultabad, Haryana.

Submitted for your kind perusal and approval.

Faculty Coordinator  
SVSP Dept. Coordinator

SVSP Central Coordinator

The Registrar, SGT University

Request may be convenient and submitted to Hon'ble VC for approval.

Talwar  
02/04/24

VC  
Approved  
02/04/2024

Joint Registrar  
SGT University  
Budhera, Gurugram

SVSP - Central

6. **Objective of the Activity:** The awareness program was planned with the aim to raise awareness about maternal health and childbirth safety, advocate for safe pregnancy and childbirth practices, mitigate maternal mortality rates through education and support and ensure



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comprehensive care for pregnant women, including postpartum well-being.

## 8. Brief Write-up on the event(s)

The Pflege Club Obstetrics and Gynecological Nursing, Faculty of Nursing organized one day program on “Maternal Health Awareness in view of Safe Motherhood Day under the theme: Access in crisis” in collaboration with SVSP, SGT University on 9th April 2024 from 10:30 am onwards at PHC Daulatabad, Haryana among Antenatal Mothers. The programme was organized under the guidance of Prof (Dr.) Sunil Kumar Dular, Dean, Faculty of Nursing and Dr. Neeta Bhide, HOD, Obstetrics and Gynecological Nursing, Faculty of Nursing, SGT University. The program starts with health education for women regarding Antenatal care, antenatal visit, Diet to be follow for the healthy pregnancy by M.Sc. Nursing students. Next intern students play a card game to raise awareness of antenatal exercise, management of minor disorders and highlight the antenatal depression and coping mechanism. Using a hidden question box, we answered the question in the preceding round, followed by health assessment of pregnant women including Hb estimation, RBS monitoring, Vitals are done. The event, which was hosted by Ms. Bana Priya, Tutor, Lisa Chadha, Assistant Professor, the faculty of the OBG Nursing department of SGT University. MS. Sushmita Sharma, Tutor and Mr. Naveen vats, Tutor member of outreach committee. was wrapped off with a vote of gratitude from Shivani, M.Sc. Nursing 1 st Year student, Dr Rajesh, Medical Officer In charge acknowledged and appreciated the efforts of the team for motivating the women with the interactive card game.



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**9. Number & Description of Beneficiaries:** 52 women has attended the program.

**8 Student Attendance :** Janhvi , Shivani, Manisha, Ritika, Meenu, Akhil, Mohit, Manmohan, Varsha, Tannu

**11. Outcome of the Activity & its Relevance to Health Sciences:** The Maternal Health program achieved remarkable success in educating women regarding antenatal visits, antenatal diet, exercise & danger signs of pregnancy.

**12. Relevant Photographs with captions**



Organizing Team at PHC Dalatabad





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Students are conducting physical examination



Students given health awareness on Antenatal Care

13. Feedback from Beneficiaries/ Photo of Letter of Appreciation/ Testimonials



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