



## Outreach Activity

### Old Age Home Visit

1. **Title of the Activity:** Old Age Home Visit
2. **Date:** 23<sup>rd</sup>Feb. & 24<sup>th</sup> Feb. 2024
3. **Location of the Activity:**

The earth saviour foundation Faridabad - Gurgaon Rd, Near Teri Golf Course, Bandhwari Village, Gurugram, Haryana



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#### 4. Organizing Faculty/Department/Association

The Holistic care association Faculty of Nursing, SGT University.

#### 5. Participating Team Members with Designation:

1. Dr. Prof. Sunil Kumar Dular, Dean Faculty of Nursing
2. Dr. Settepalli Jasmin Debora, HOD Medical Surgical Nursing, Faculty of Nursing
3. Ms. Divya, PG Tutor, Faculty of Nursing
4. M.Sc. Nursing 1<sup>st</sup> year (MSN) Students & B.Sc Nursing 4<sup>th</sup> Semester Students

#### 6. Objective of the Activity:

Interaction between students and old age persons.

Motivate the students regarding elderly care.

#### **BRIEF REPORT OF THE PROGRAMME:**

Faculty of Nursing, Holistic Care Club, Department of Adult Health Nursing, SGT University, organized a 2 days Outreach Activity: Old age home visit.

The program was under the leadership and guidance of Prof. (Dr.) Sunil Kumar Dular, Dean, Faculty of Nursing and co-ordinated by Prof. (Dr.) Settepalii Jasmin Debora, Holistic Care Club Advisor cum H.O.D of Adult Health Nursing department lead by Ms. Divya co-advisor cum PG



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Tutor Department of Adult Health Nursing. In this program 3 students of M.Sc 1st year & 100 students of B.Sc. 4th semester participated in Role Play & Recreational Activities.

First of all, a social worker gave the students an orientation and tour of the entire old age. During the visit, students met and interact with elder persons. Students take part in Health education, role play & recreational activities along with the elder persons & helped in food distribution

Various activities were held there firstly old age home orientation and interaction with elder persons then role play & recreational activities like: Laughter Therapy, Music Therapy, Dance, Yoga session.

Feedback was collected from students and the response was overwhelming positive, many students expressed their gratitude for the opportunity to provide meeting with old persons, while others found the role play & recreational activity session both informative and entertainment.

## **9. Number & Description of Beneficiaries:**

1. People - 103

## **11.Outcome of the Activity & its relevance to Health Sciences:**

Students learn how to deal with elder person and how to provide care in old age home.

## **12. Relevant Photographs with captions**



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Feedback was collected from participants and the response was overwhelming positive, many students expressed their gratitude for the opportunity to interaction with elder persons & assess health condition in old age home, while others found the role play session both informative and entertainment. Visit is helpful for the students for educational purpose and also elder persons because they interaction and share her feelings with someone.