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SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC & AICTE Approved) Gurugram, Delhi-NCR

**Awareness Program on
“Reproductive & Sexual
Health: Holistic
Approach” on 23rd Feb
2024**



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1. **Title of the Activity:**

“Reproductive and Sexual Health: Holistic Approach”

2. **Date:** 23rd Feb 2024

3. **Location of the Activity:**

PHC, Daulatabad, Gurugram, Haryana

4. **Organizing Faculty/Department/Association**

Pflege Club under the Department of Obstetrics & Gynecological Nursing, Faculty of Nursing, SGT University

5. **Participating Team Members with Designation:**

1. Prof. (Dr.) Neeta Bhide, (HOD), Faculty of Nursing
2. Ms. Deepak (Associate Prof.), Faculty of Nursing
3. Ms. Lisa (Assistant Prof.), Faculty of Nursing
4. Ms. Banapriya (PG Tutor), Faculty of Nursing
5. Ms. Sonam(PG Tutor), Faculty of Nursing



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6. Brochure-

SGT UNIVERSITY FACULTY OF NURSING

Pflege Club

Department of Obstetrics & Gynecological

ORGANISING

Reproductive And Sexual Health Wellness...

PHC
Venue: Daultabad 10 am - 12

ROOM NO. 16
SAMPLING

GPS Map Camera

Tikampur, Haryana, India
FXRR+GM3, Sector 103, Tikampur, Gurugram, Haryana 122006, India
Lat 28.491389°
Long 76.991726°
23/02/24 11:06 AM GMT +05:30

Google



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Approval letter from Registrar, SGT University



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(UGC Approved University) GURGAON, Delhi-NCR

R-1347
14/2/24

FACULTY OF NURSING

Ref. No.: SGTU/FON/2024/159

Dated: 12.02.2024

Subject: Regarding approval for organizing one day program on Reproductive and sexual Health Awareness camp on 23rd Feb 2024.

The Pflge Association under the department of Obstetrics & Gynecological Nursing, Faculty of Nursing, SGT University is organizing one day program regarding Reproductive and sexual Health Awareness camp on 23.02.2024 at Primary Health Centre, Daulatabad, Haryana among Antenatal Mothers.

The activities for the program are as follows:

- ✓ Card game on Reproductive and sexual Health Practices
- ✓ Role play on Reproductive & Sexual Health
- ✓ Health Education on Reproductive & Sexual Health

Budget for the scheduled program:

S.No.	Item with Justification	Quantity	Rate	Price
1	Sapling	2	100	200
2	Banner	1	350	350
3	Water Bottle	20	10	200
4	Refreshment			
	Frutti	50	10	500
	Namkeen	50	10	500
5	Stationary Item			
	Charts	5	5	25
	Fevicol(200gm)	1	25	25
	Bold Marker	4	15	60
	Bold Sketch Pen Packet	1	120	120
	Double Sided Tape	1	30	30
6	E-Certificate for organizers	20	-	-
Total				2,200

Kindly arrange the transport for 15 students from M.Sc. Nursing & ANM Students and 2 faculty members to Daultabad, Haryana.

Submitted for your kind perusal and approval.

Registrar, SGT University

Dean
Faculty of Nursing
SGT University,
Budhera, Gurugram

Request for the approval of awareness camp may be considered and submitted to the Registrar for approval.

Registrar
SGT University
Budhera, Gurugram

10/2/24



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7. **Objective of the Activity:** The awareness program was planned with the aim to meet the health needs of the women and Spread & increase awareness on health issues related to reproduction and sexual health.

8. **Brief Write-up on the event(s)**

The Pflege Club under the Obstetrics and Gynaecological Nursing, Faculty of Nursing organized an awareness program on “Reproductive and Sexual Health-Holistic Approach” on 23rd Feb 2024 from 10:30 am onwards at PHC Daulatabad, Haryana.

The programme was organized under the guidance of Prof (Dr.) Sunil Kumar Dular, Dean, Faculty of Nursing and Dr. Neeta Bhide, HOD, Obstetrics and Gynaecological Nursing, Faculty of Nursing, SGT University.

The program starts with health education regarding their sexual and reproductive health, considering age-related health concerns, hormonal changes, and specific issues related to reproductive health. Card game to raise awareness of early warning signs and symptoms of STDs, lifestyle changes, and the value of maintaining a healthy lifestyle and promoting long-term health during this transition.

The event, which was hosted by Ms. Banapriya Tutor and the faculty of the OBG Nursing department of SGT University, was wrapped off with a vote of gratitude from Ms. Manisha, M.Sc. Nursing First Year. Dr Rajesh, Medical Officer In charge acknowledged and appreciated the efforts of the team for motivating the women with the interactive card game.



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9. Number & Description of Beneficiaries: 50 women has attend the program.

8 Student Attendance

1.) Swati

2) Ruchi

3) Jahnvi Sharma

4) Manisha

5) Shivani

6) Neha

7) Bharti

8) Suman

9) Renuka

11. Outcome of the Activity & its Relevance to Health Sciences: The Reproductive Health Program achieved remarkable success in educating women regarding age-related health concerns, hormonal changes, raise awareness of early warning signs and symptoms of STDs, lifestyle changes, and the value of maintaining a healthy lifestyle .



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12. Relevant Photographs with captions



Organizing Team with PHC Incharge Medical Officer Dr. Rejesh



MSc Student's given the health awareness regarding the reproductive health

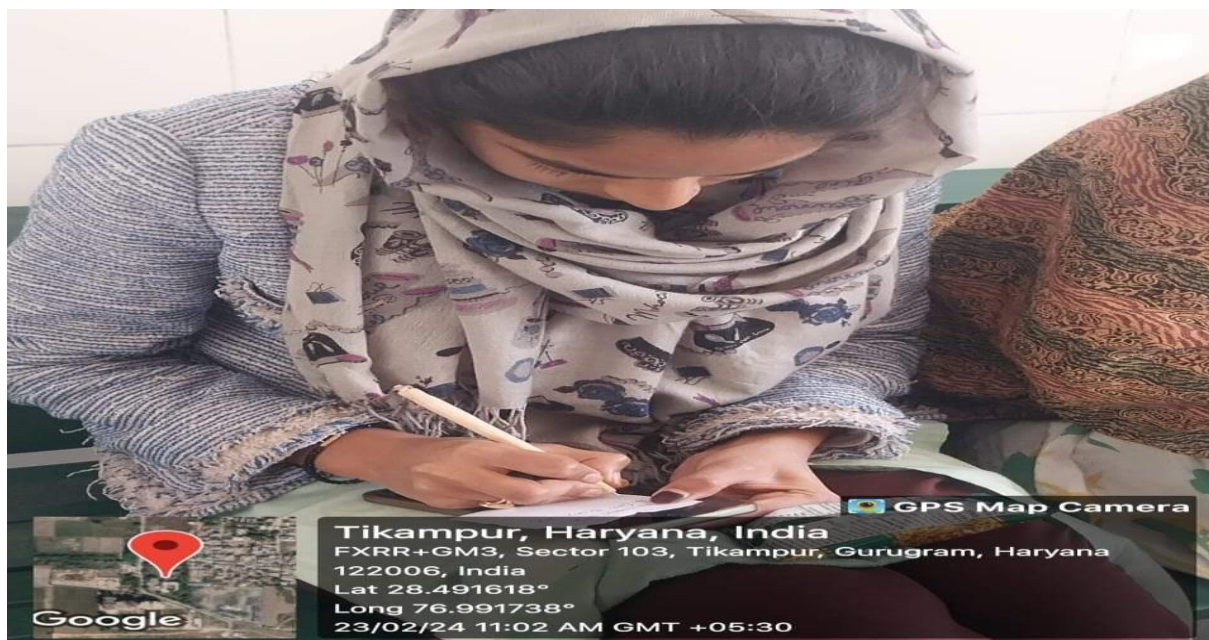


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Students given health awareness on sexual reproductive health



Participants clear their doubts with the secrete card game



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13. Feedback from Beneficiaries/ Photo of Letter of Appreciation/ Testimonials

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