



**SGT UNIVERSITY**  
SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY  
(UGC & AICTE Approved) Gurugram, Delhi-NCR

**Outreach Activity**  
**School Health Programme**  
**(Faculty of Nursing)**



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1. **Title of the Activity:** “School Health Program”

2. **Date:** 9th February 2024

3. **Location of the Activity:** Government Middle School, Birhera, Haryana.

4. **Organizing Faculty/Department/Association:** Department of Community

Health Nursing, Wellbeing Club

**5. Participating Team Members with Designation:**

1. Prof. Sunil Kumar Dular (HOD, Community Health Nursing Department)
2. Ms. Deepa Mukherjee (Associate Professor)
3. Ms. Rachna (Assistant Professor)
4. Ms. Nutan Kumari (Assistant Professor)
5. Ms. Manidipa Sarkar (PG Tutor)
6. Mr. Naveen (PG Tutor)
7. Ms. Khiumajuliu Abonmai (PG Tutor)
8. Ms. Sneha Priya (PG Tutor)
9. Ms. Sushmita Sharma (PG Tutor)



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5. **E Brochure/Banner (if made)-**

6. **Objective of the Activity:**

- To provide General Health Assessment to all the school children.
- To get general health status of school children.
- First Aid Training for the Teaching and non-teaching staffs as well as school children's.
- To involve students in co-curricular activities.



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## **7. Brief Write-up (300 -500 words) on the event(s) explaining activities undertaken**

**The Wellbeing Association** under **Community Health Nursing Department, Faculty of Nursing, SGT University**, Gurugram Celebrated “School Health Program” on 9th February 2024 from 10:00 am to 2:00 pm at Government Middle School, Birhera, Haryana.

he program began with a welcome speech of Mr. Naresh Kumar, Headmaster, Govt. Middle School, followed by a First Aid training by GNM 3rd year students and MSc 1st year student , General Health Assessment of all the school children. Health Education was given on personal hygiene, menstrual hygiene and Nutrition. Demonstration of hand washing and Brushing technique Dance was performed. Refreshments was given to all students of Govt. Middle School.

The success of the event was evident through the joyful smiles of the student participants as they were overwhelmed to see the students of SGT University from Faculty of Nursing performing for them.

The Programme was successfully done under the Guidance of Prof. (Dr.) Sunil K. Dular, Dean cum H.O.D, Community Health Nursing Department and supervision of all Faculty Members of Community Health Nursing Department.

The event was highly appreciated by Mr. Naresh Kumar, Headmaster, Teachers , and students of Govt. Middle School, Birhera, FarrukhNagar, Gurugram.



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**8. Number & Description of Beneficiaries:** 70 Students from Government

Middle School, Birhera, Haryana were participated.

**9. Outcome of the Activity & its relevance to Health Sciences:**

The objective of this General Health Assessment of all the primary school children. Health Education was given on personal hygiene and menstrual hygiene followed by a hand washing and Brushing technique Dance. A Drawing competition was also organized for the school students. The winners got prizes for drawing competitions for first, second, and third positions. Refreshments were given to all students of Govt. Middle School. The Nursing students also encourage the School Childrens to stay healthy by maintaining healthy lifestyle.



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**10. Relevant Photographs with captions (preferably geo-tagged & High-**

**resolution images – to be mailed as separate attachments along with**

**placement in word file also) – 4 to 6 Photograph**



## General Health Assessment



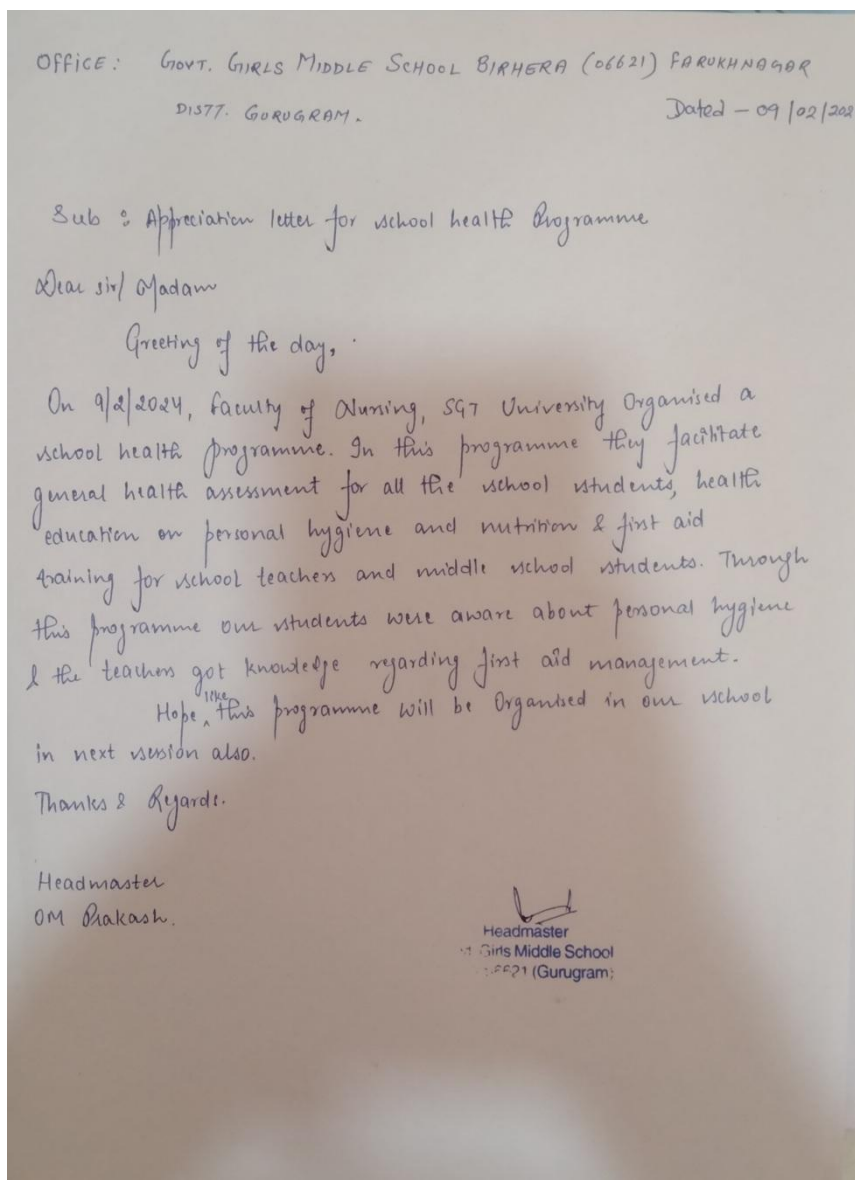


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## 11. Feedback from Beneficiaries/ Photo of Letter of Appreciation/

### Testimonials:



## 12. List of the student participants



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