



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC & AICTE Approved) Gurugram, Delhi-NCR

Outreach Activity
Health Camp
(Faculty of Nursing)



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1. **Title of the Activity:** “General Health Camp @ Viksit Bharat Sankalp

Yatra”

2. **Date:** 9th January 2024

3. **Location of the Activity:** Village Tajnagar, Haryana.

4. **Organizing Faculty/Department/Association:** Department of Community

Health Nursing, Wellbeing Club

5. Participating Team Members with Designation:

1. Prof. Sunil Kumar Dular (HOD, Community Health Nursing Department)
2. Ms. Deepa Mukherjee (Associate Professor)
3. Ms. Rachna (Assistant Professor)
4. Ms. Nutan Kumari (Assistant Professor)
5. Ms. Manidipa Sarkar (PG Tutor)
6. Mr. Naveen (PG Tutor)
7. Ms. Khiumajuliu Abonmai (PG Tutor)
8. Ms. Sneha Priya (PG Tutor)
9. Ms. Sushmita Sharma (PG Tutor)



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5. **E Brochure/Banner (if made)- NA**

6. **Objective of the Activity:**

- To provide General Health Assessment
- To Provide Hypertension and Diabetes Screening Screening, anemia and Calculation of BMI of all the beneficiaries.
- To involve students in co-curricular activities.



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7. Brief Write-up (300 -500 words) on the event(s) explaining activities undertaken

The Wellbeing Association under **Community Health Nursing Department, Faculty of Nursing, SGT University**, Gurugram conducted “General Health Camp” on 9th January 2024 on the event of the Viksit Bhart Sankalp Yatra from 10 am onwards at Vill. Taj Nagar, Gurugram, Haryana.

The main aim of the Health camp is to provide awareness and educate the people about health care. The beneficiaries received the basic health assessment, including screenings for hypertension, diabetes, and anemia and Calculation of BMI (Body Mass Index)

The success of the event was evident through the joyful smiles of the beneficiaries as 100 participants participated in the program from the community.

The Health camp was skillfully organized by the Faculty Coordinator, Ms. Nutan, Ms. Rachna, Ms. Manidipa, and B.Sc 4th Year students from the Faculty of Nursing under the guidance of Prof. (Dr.) Sunil K. Dular, Dean cum H.O.D, Community Health Nursing Department.

It's truly heartening to hear about the well-deserved recognition, awards, and appreciation that the department has received. This achievement is a testament to the dedication, hard work, and commitment invested in making the health camp a resounding success.



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8. Number & Description of Beneficiaries: 96 village peoples from Tajnagar,

Haryana were participated.

9. Outcome of the Activity & its relevance to Health Sciences:

The objective of this General Health Assessment and Screening of all the beneficiaries followed by Health Education for awareness regarding risk factors, prevention, myths and management Health Risks. The Nursing students also encourage all the participants to stay healthy by maintaining healthy lifestyle.



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10. Relevant Photographs with captions (preferably geo-tagged & High-

resolution images – to be mailed as separate attachments along with

placement in word file also) – 4 to 6 Photograph



General Health Screening



Explaining the Banalities of Health Camp by the students.





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11. Feedback from Beneficiaries/ Photo of Letter of Appreciation/

Testimonials:



Appreciation

12. List of the student participants