

School Health Program

Ghoshgarh

(07/11/2023)

1. **Title of the Activity:** *“School health program and interactive training session on First Aid Management of Minor Ailments”*

2. **Date:** *7th November , 2023*

0. **Location of the Activity:** Govt.Sr. Sec. School, Village-Ghosgarh

,Gurugram

0. **Organizing Faculty/Department/Association:** Department of Community Health Nursing, Wellbeing Association

0. **Participating Team Members with Designation:**

1. Prof. Sunil Kumar Dular (HOD, Community Health Nursing Department)
2. Ms. Deepa Mukherjee (Associate Professor)
3. Ms. Rachna (Assistant Professor)
4. Ms. Nutan Kumari (Assistant Professor)
5. Mr. Naveen (PG Tutor)
6. Ms. Manidipa Sarkar (PG Tutor)
7. Ms. Khiumajuli Abonmai (PG Tutor)
8. Ms. Snehapriya (PG Tutor)

0. **Objective of the Activity:**

- The aims of first aid include **preserving life, preventing injury from getting worse, aiding recovery, relieving pain, and protecting the unconscious.**
- First aid is the help given to someone who is injured or ill **to keep them safe and to cause no further harm.**
- Outlining on assessing first aid priorities & the accidental scene.
- Outline the objectives and principles of first aid.
- To involve students in co-curricular activities.

0. **Brief Write-up (300 -500 words) on the event(s) explaining activities undertaken**

Wellbeing Association under the Department of Community Health Nursing of the Faculty of Nursing, SGT University organized a school health program on the 7th of November 2023 from 10:00 am to 2:00 pm in the Government High School, Ghosh Garh (902), Haryana.

The following activities under the School Health Program are first aid management, General health assessment, and health survey. A total of 150 students took part in the training and health assessment.

The program begins with first aid management by B.Sc Nursing 5th sem and GNM students followed by a health survey and health assessment, along with prize distribution.

The event was skillfully supervised by the faculties of the community health nursing department, under the guidance of Prof. Dr. Sunil Kumar Dular, Dean, and H.O.D Community Health Nursing Department Faculty of Nursing SGT University. Their expertise and guidance contributed significantly to the success of the event.

The program was highly acknowledged and appreciated by Mr.Ajay Vats Headmaster, Govt. High school.

We are thankful to the school teachers and staff for providing us with the space and for their immense support and collaboration in the successful organization of the program.

0. **Number & Description of Beneficiaries:** 150 school children from

Govt. sr.sec.school, Ghosgarh were participated .

0. **Outcome of the Activity & its relevance to Health Sciences:**

The following activities under the School Health Program are first aid management, General health assessment, and health survey. A total of 150 students took part in the training and health assessment. The program begins with first aid management by B.Sc Nursing 5th sem and GNM students followed by a health survey and health assessment, along with prize distribution.

The student able to understand that first aid include **preserving life, preventing injury from getting worse, aiding recovery, relieving pain, and protecting the unconscious.**

- First aid is the help given to someone who is injured or ill **to keep them safe and to cause no further harm.**

- Outlining on assessing first aid priorities & the accidental scene.
- Outline the objectives and principles of first aid.
- To involve students in co-curricular activities.

0. **Relevant Photographs with captions (preferably geo-tagged &**

High-resolution images – to be mailed as separate attachments along

with placement in word file also) – 4 to 6 Photograph







0. **Feedback from Beneficiaries/ Photo of Letter of Appreciation/**

Testimonials:





List of the student participants

| Department: | | |
|------------------|-----------------|-----------------|
| Visiting Place: | | |
| Registration no. | Name | Course/ Faculty |
| 19166 | Naveen | FNUR |
| 20993 | Sushmita | FNUR |
| 230415107 | Mansi | FNUR |
| 230415199 | Jatin | FNUR |
| 210403019 | Taruna Dagar | CNM |
| 210403010 | Diksha | CNM |
| 210403023 | Bhawna | CNM |
| 210403025 | Rity | CNM |
| 210403047 | Rachna | " |
| 210403053 | Nitin | " |
| 210403045 | Chanchal | " |
| empId- 17937 | Dr. Cham/Kusana | FOSC - Dental |
| 190210100 | Diksha | " " |
| 19021050 | Preeti | " " |
| 190210003 | Swastika | " " |
| 19021047 | Tusha | " " |
| 190210058 | Dhyanesh | " |
| 190210030 | Vikta | " |
| 190210033 | Kunal | " |
| 190210034 | Harsimran | " |
| 190210046 | Ayushi | " |
| 190210048 | Deepshika | " |