



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC & AICTE Approved) Gurugram, Delhi-NCR

Outreach Activity

School Health Programme

(Faculty of Nursing)



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1. **Title of the Activity:** “School Health Program”

2. **Date:** 10th October 2023

3. **Location of the Activity:** Government Middle School, Taj Nagar, Gurugram

4. **Organizing Faculty/Department/Association:** Department of Community

Health Nursing, Wellbeing Association

1. **Participating Team Members with Designation:**

2. Prof. Sunil Kumar Dular (HOD, Community Health Nursing Department)

3. Ms. Deepa Mukherjee (Associate Professor)

4. Ms. Rachna (Assistant Professor)

5. Ms. Nutan Kumari (Assistant Professor)

6. Ms. Manidipa Sarkar (PG Tutor)

7. Mr. Naveen (PG Tutor)

8. Ms. Khiumajuliu Abonmai (PG Tutor)

9. Ms. Sneha Priya (PG Tutor)

10. Ms. Sushmita Sharma (PG Tutor)



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5. **E Brochure/Banner (if made)-**

6. **Objective of the Activity:**

- To provide General Health Assessment to all the primary school children.
- To get general health status of primary school children.
- To involve students in co-curricular activities.



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7. Brief Write-up (300 -500 words) on the event(s) explaining activities undertaken

The Wellbeing Association under **Community Health Nursing Department, Faculty of Nursing, SGT University**, Gurugram Celebrated “School Health Program” on 10th October 2023 at Government Middle School,Taj Nagar, Gurugram from 10:30 AM onwards.

The program began with a welcome speech by Mr. Vijay Kumar, Headmaster, Govt. Middle School, followed by a role play by B.Sc. Nursing 5th-semester students and PBBSc. Nursing 2nd year students, General Health Assessment of all the primary school children. Health Education was given on personal hygiene and menstrual hygiene followed by a hand washing and Brushing technique Dance. A Drawing competition was also organized for the school students. The winners got prizes for drawing competitions for first, second, and third positions. Refreshments were given to all students of Govt. Middle School. under the guidance of Prof. (Dr.) Sunil Kumar Dular, Dean, SGT University, H.O.D of Community Health Nursing Department and in coordination with Ms. Deepa Mukherjee, Assoc. Prof., and execution by Ms. Rachna (Asstt. Prof.),Ms. Manidipa (Tutor) and Mr. Naveen (Tutor), Ms. Sushmita(Tutor) Community Health Nursing Department.

The event was highly appreciated by Mr. Vijay Kumar, Headmaster, Teachers, and students of Govt. Middle School, TajNagar, FarrukhNagar, Gurugram.



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8. Number & Description of Beneficiaries: 160 Students from Govt. Middle

School, Taj Nagar were participated.

9. Outcome of the Activity & its relevance to Health Sciences:

The objective of this General Health Assessment of all the primary school children. Health Education was given on personal hygiene and menstrual hygiene followed by a hand washing and Brushing technique Dance. A Drawing competition was also organized for the school students. The winners got prizes for drawing competitions for first, second, and third positions. Refreshments were given to all students of Govt. Middle School. The Nursing students also encourage the School Childrens to stay healthy by maintaining healthy lifestyle.



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10. Relevant Photographs with captions (preferably geo-tagged & High-

resolution images – to be mailed as separate attachments along with

placement in word file also) – 4 to 6 Photograph





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11. Feedback from Beneficiaries/ Photo of Letter of Appreciation/

Testimonials: Nil

12. List of the student participants