



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC & AICTE Approved) Gurugram, Delhi-NCR

Outreach Activity Health Camp (Faculty of Nursing)



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1. **Title of the Activity:** *“International Day of Older Persons”*

2. **Date:** 30th September 2023

3. **Location of the Activity:** Village Taj Nagar, Gurugram

4. **Organizing Faculty/Department/Association:** Department of Community

Health Nursing, Wellbeing Association

5. **Participating Team Members with Designation:**
 1. Prof. Sunil Kumar Dular (HOD, Community Health Nursing Department)
 2. Ms. Deepa Mukherjee (Associate Professor)
 3. Ms. Rachna (Assistant Professor)
 4. Ms. Nutan Kumari (Assistant Professor)
 5. Ms. Manidipa Sarkar (PG Tutor)
 6. Mr. Naveen (PG Tutor)
 7. Ms. Khiumajuliu Abonmai (PG Tutor)



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6. **E Brochure/Banner (if made)-**

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Shree Guru Gobind Singh tricentenary University

FACULTY OF NURSING
Wellbeing Association Under
Community Health Nursing Department
Is
ORGANIZING
Holistic Health Care Approach to Geriatric Population
on
INTERNATIONAL DAY OF OLDER PERSONS

ACTIVITIES
1. Laughter Therapy 2. Recreational Activities 3. Role play & Health Education

30th September, 2023 | Venue: Taj Nagar, Gurugram (HR) | Section Break (Next Page) | 10:30am-12:30pm

7. **Objective of the Activity:**

- To give holistic care Approach to Geriatric Population
- To get the general health status of Geriatric Population.
- To make students aware about importance of geriatric population
- To involve students in co-curricular activities.



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8. Brief Write-up (300 -500 words) on the event(s) explaining activities undertaken

The Wellbeing Association under **Community Health Nursing Department, Faculty of Nursing, SGT University**, Gurugram Celebrated “International Day of Older Persons” on 30th September 2023 at Village Taj Nagar, Gurugram from 10:30 AM onwards.

The objective of this Recreational Program was to make the students understand and realize the importance of having elders in our lives and to appreciate the contributions of the elders. Senior citizens carry a lot of responsibility on their shoulders as leaders of society. They also carry the traditions, and culture of the society and pass on the knowledge to the younger generation under the guidance of Prof. (Dr.) Sunil Kumar Dular, Dean, SGT University, H.O.D of Community Health Nursing Department and in coordination with Ms. Deepa Mukherjee, Assoc. Prof., and execution by Ms. Rachna (Asstt. Prof.), Ms. Manidipa (Tutor) and Mr. Naveen (Tutor), Community Health Nursing Department.

The program was highly acknowledged and appreciated by Sarpanch- Sh. Shivraj ji and Community Health Officer- Dr.Narender Dalal ji, Taj Nagar, Gurugram. We are thankful to them for their immense support and collaboration in the successful organization of this event.



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9. Number & Description of Beneficiaries: 50 members from Taj Nagar were

participated to celebrate “International Day of Older Persons”

10. Outcome of the Activity & its relevance to Health Sciences:

The objective of this Recreational Program was to make the students understand and realize the importance of having elders in our lives and to appreciate the contributions of the elders. Senior citizens carry a lot of responsibility on their shoulders as leaders of society. They also carry the traditions, and culture of the society and pass on the knowledge to the younger generation. Elderly people participated in various competitions such as Dancing, singing, laughter therapy, and various games. The winners of the competition were rewarded. The Nursing students also encourage the Elderly people to stay healthy by maintaining healthy lifestyle.



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11. Relevant Photographs with captions (preferably geo-tagged & High-

resolution images – to be mailed as separate attachments along with

placement in word file also) – 4 to 6 Photograph





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12. Feedback from Beneficiaries/ Photo of Letter of Appreciation/

Testimonials: Nil

13. List of the student participants